

Medical Emergencies in Shanghai

By Dr. Gregg Miller

MOST OF US may never have a medical emergency in Shanghai, but it's important to be prepared. Proper response to a life-threatening situation can make a difference.

Memorize emergency phone numbers: 120 for medical emergency, 119 for firefighters, 110 for police. Don't expect a fluent English speaker on the other end of the line, and make sure you know your address in Chinese. Also memorize phone numbers for family or friends, in case you're separated from your mobile.

Identify the largest hospitals by your home, work, and children's school, and memorize the names and locations. For medical emergencies you're best served in these hospitals' emergency departments, as expat-friendly medical clinics cannot handle a life-threatening situation.

Several facilities provide after hours and emergency care for children. Shanghai United Family Hospital has a 24-hour emergency department, and Parkway Health can provide basic pediatric services overnight. Fudan Children's Hospital, Shanghai Children's Hospital in Pudong, and Shanghai Children's Hospital in Jing'an provide services predominantly designed for Chinese speakers, but do have varying degrees of English service.

In a true emergency, if time is critical then take a taxi to the hospital. Ambulances do not arrive immediately and are not equipped to provide extensive medical assistance. If you do take an ambulance, expect to pay several hundred Rmb in cash.

Though you should always carry your health insurance information, not all local hospitals can bill international health insurance or accept credit cards. Stash 20,000 Rmb as a deposit in case you need emergency procedures, which are sometimes delayed until after payment.

Gregg Miller is a U.S.-trained emergency room doctor working at Shanghai United Family Hospital, and has lived in Shanghai for two years.



Icons:

Large general hospital
 Locally-run Foreigner/VIP Clinic
 Accident/Emergency Department
 Pediatric services
 English speaking pharmacy
 Internationally-run clinic

1 Shanghai No. 1 People's Hospital
上海第一人民醫院國際醫療保健中心
Large general hospital with foreigner clinic. Particular expertise in cardiology and urology.
585 Jialong Lu, Hongkou District
6324 0090 - 2101 (24 hrs)

4 Shanghai United Family Hospital
和睦家醫院
General hospital with 24/7, English-speaking emergency department. Multiple primary care and specialty clinics.
1139 Xianxia Lu, Changning District
Hospital: 2216 3600 Appointments: 2216 3922 or 2216 3936
24/7 ER Hotline: 2216 3999 www.unitedfamilyhospitals.com

5 Global Health Care
全球醫療
General clinic focused on primary care and urgent care.
Rm 301, 3F, Kerry Center, 1515 Nanjing Xi Lu, Jing'an
5298 6339, 136 8188 8833 (24 hrs)

7 Huashan Hospital
華山國際醫療中心
Large general hospital with foreigner clinic called Worldwide Medical Center. Expertise in neurosurgery and dermatology.
Bldg #1 Floor 8, Ward - Bldg #6 Floor 15-16,
12 Wulumuqi Zhong Lu, Jing'an 5286 9996, 5248 3086

10 Fudan University Children's Hospital
復旦大學附屬兒童醫院
Inpatient and outpatient services for children, including emergency care, pediatric ICU, and pediatric sub-specialists.
399 Wanyuan Lu, Minhang 6493 1121 (24 hrs), 6493 1527

11 Ruijin Hospital
瑞金醫院
Large general hospital with foreigner clinic called Shanghai Guangqi Memorial Hospital. Expertise in burns, diabetes, and hematology.
197 Ruijin Er Lu, Bldg #38, Mon - Fri 6486 4483

12 Zhongshan Hospital
中山醫院
Large general hospital. Particular expertise in cardiology and vascular/urology.
180 Fenglin Lu
8404 1990 ask for International Clinic

13 Shanghai Children's Medical Center
上海市兒童醫院
Special Service Clinic, inpatient and outpatient services for children, including emergency care, pediatric ICU, and pediatric subspecialists.
1678 Dongfang Lu, 3rd Floor, Pudong
5839 5238, no evening hours, emergency for Chinese-speaking only

15 Shanghai East Int'l Medical Center
上海東方國際醫院
General and specialty clinics, can care for inpatients in affiliated hospital.
5879 8888, 531 South Pudong Lu

16 People's Hospital No. 9
第九人民醫院
VIP Clinic and VIP Dental Clinic. Well-known for stitching cuts, plastic surgery, facial trauma, and dentistry.
5307 8088, 639 Zhizaoq Lu

Parkway Health Medical Centers
百匯醫療中心

Multiple general and specialty clinics throughout Shanghai. Can care for inpatients in affiliated hospitals.
6445 5999 24-hours Appointment Service Center
www.parkwayhealth.cn enquiry@parkwayhealth.cn
Addresses in Shanghai:

2 Geneagles Medical and Surgical Center
#389 Nanjing West Lu, Tomorrow Square Bld 4th Floor

3 Shanghai Center Med. and Dental Center
#1376 Nanjing Xi Lu, 203-4 West Retail Plaza

6 Hong Qiao Medical Center
#2258 Hongqiao Lu

8 Specialty and Inpatient Center
#170 Danshui Lu, 2F & 3F

9 Mandarin City Medical Center
#788 Hongqu Lu, Mandarin City Bld Suite #30

14 Jin Mao Medical Center
LIFE, 1N01, Jin Mao Tower, 88 Century Avenue, Pudong

17 Jin Qiao Medical and Dental Center
#51 Hongfeng Lu, Jinqiao, Pudong

Map by: Xia Fang